

Mind and Body Pain Clinic

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www.mindandbodypain.com

TEST DATE: _____ TIME: _____AM/PM

Instructions to follow prior to appointment: Please READ COMPLETELY!

Electromyography (EMG) and Nerve Conduction Study (NCS)

These tests evaluate the muscles and nerves of the arms and/or legs. A technologist performs the test for the stimulation portion of this exam and the physician performs the needle portion of the exam. During the NCS, small sticky electrodes are placed on the muscles to be evaluated and an electrical stimulus is applied to the nerve that activates that muscle. During the EMG, a small thin needle is inserted into the muscle being evaluated. The physician is then able to evaluate the activity of the muscle to determine if the muscle is functioning properly or if there is any abnormality.

PREPARATION: NO Oils, Vaseline, or Lotion on the arms, hands, legs or feet. Clean, bare skin only.

Please have your Prescription from your referring physician with you (unless you are a current patient of the Mind and Body Pain Clinic) or your test cannot be completed.

If your insurance requires a referral or prior authorization from your Primary Care Physician (PCP), you must have it with you or faxed to our clinic prior to your appointment or your test will be rescheduled.

PLEASE CALL THE OFFICE AT LEAST 24 HOURS PRIOR TO YOUR TEST APPOINTMENT IF YOU NEED TO CANCEL.

FAILURE TO CALL WILL RESULT IN A CANCELLATION FEE OF \$50.00

CHARGED TO YOU. Your insurance company WILL NOT pay this cancellation fee.